

### What We Do

If you or someone you know is struggling to access enough nutritious food, CCEFS is here to help. CCEFS provides a variety of food choices, personal care items and referral resources to individuals and families in need.



Choose from available fresh produce

# Who We Help

We offer assistance to anyone in need who lives in the following communities: Woodbury, Landfall, Oakdale, and areas of Maplewood south of Stillwater Road. Please see our website for an exact map of our service area. All are welcome.

#### 食品货架

Qhov chaws pab cuam kam noj kev haus Продовольственная помощь Thức ăn miễn phí Caawinta Cuntada Despensa de Comida

#### Location

Lower Level, Woodbury Lutheran Church 7380 Afton Road, Woodbury, MN 55125 651-233-1296

#### Hours

Monday: 12pm - 4pm Thursday: 3pm - 7pm Friday: 9am - 1:30pm



Felix, volunteer

## **How the Program Works**

At your first visit, a volunteer will sit down with you to learn more about you and your family and complete a registration form. All information is kept strictly confidential. You will be able to get food that same day.

Once you have checked-in, a volunteer will assist you in selecting your groceries and personal care items. You can choose from a variety of packaged and canned goods, meats, milk and dairy items, fresh produce, and personal care and household products. You choose what best fits your household's needs. The amount you will receive depends on the size of your family.

After your first visit, you can then visit CCEFS once every calendar month. Please note that shopping ends 30 minutes before we close. If you arrive during this time, you will receive the same amount of food, but it will be pre-packed.

### **How to Start**

Bring the following documentation with you on your first visit to CCEFS. No appointment or pre-registration is necessary.

- ✓ Your photo ID
- ✓ Utility bill with current address
- ✓ Family member identification

Tear off and keep this convenient purse/wallet card:



www.ccefs.org

This institution is an equal opportunity provider.